



# West End Centre

West End Community Centre

Volume 8

## Welcome to spring



Hi everyone and welcome to April. Spring has officially sprung. I saw the first cherry blossom today which was very uplifting and put a spring in my step. A bit of sunshine makes us all feel that bit better. So if you're full of spring energy or still suffering from the post Christmas blues come and see us, the doors always open and the kettle is always on.

So what's new.....

Well I've had an idea; yes I know you have all heard me say that before and when I came in and said that this morning everyone groaned. Someone, who shall remain nameless, was heard to comment "Oh no, that means more work, what now?"

Well, I was on my way to work and just thinking about what I was going to say in this article when I realised that Fran and I know what a

difference the centre makes to people, because they tell us. But the centre is not just us, it's made up of all the people who attend and the volunteers as well as staff. I wondered if people who attend and supported the centre realised just what a difference they make. For example, something as simple as coming and having a chat and a cuppa with someone, or sitting down and sharing food may mean the difference between that person feeling alone and isolated or feeling welcome and valued.

We are used to evaluating groups and events but wouldn't it be good to find a new way of doing this?

We could get together and look at what the centre means to us. We could find out what a difference we make to people's lives and what else we could do.

Sooooooooooooooooo my

idea is to have a centre away day!!

We could find a venue and look at our achievements, celebrate our successes and look at what we want to achieve in the future. We will, of course, find somewhere that's accessible to all and provides a great lunch. I have asked the lunch club what they think and they said they are up for it.

We would need to know who was coming as we would have to book and it will cost money. So if your interested please let Fran or myself know.



# West End Centre

## Cooking group celebrate their success

Our cooking for health and Wealth group have come along in leaps and bounds, so much so that they had a party to celebrate their progress.

With a budget of just £15 to cater for 15 people they planned their buffet menu, adapted recipes, shopped, planned timings and allocated tasks.

On the menu were oven baked scotch eggs, mini vegetarian pizzas, potato salad, mixed salad, various mini sandwiches, fruit kebabs and of course fairy cakes (well we can't be healthy all the time!)

Lorraine, Izy, Stephen, Martin and Elizabeth worked together as a team to produce a tasty feast you can see from the

photos and their guests were really impressed.



Hard at work



What a team!



We made short work of that!



Looks delicious

“ The food was really great”

Andy

**Well done everybody!**

## Trip to Saltaire, 21st April

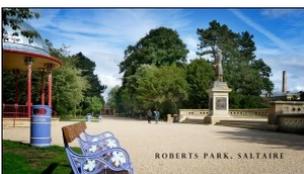
Would you like to join us for a day out in Saltaire?

The walking club has kindly invited us to join them on their trip to Saltaire. We will be setting off from the centre at 10am on 21st April. There are lots of things to see and we will be looking at some of the local history for those who are interested. Fran

and I will be holding our very own version of a quiz / scavenger hunt, a scavquiz !! Those of you who think you can Google it (you know who you are) will be a bit disappointed. However, if you do manage to , please let us know because it's a great way of demonstrating increased confidence in using IT skills. Ha ha!!

There are lots of shops, cafes and Salts Mill to look around if you don't fancy the scavquiz.

If you have a bus pass please us it. If you don't, please see Fran or myself. Don't forget; bring a packed lunch or enough money to go in a café.



# ALLOTMENTS ARE GO!!!

The allotments are well underway now! We have received some fantastic donations of materials, skills and times. The project is gaining momentum and it's getting close to planting time. The Poly tunnel is fully operational and so are most of the raised beds. The paths are being built and drains are filled in.

Now we need you....

Come down and join us and see what we are about between 11-2 Tuesday, Wednesday or Thursday.

We have a range of activities to suit all people, from building wooden benches and raised beds, to planting and learning about how to grow your own vegetables! And you

can meet some new friends too.



Summers coming!



## Stars of the Month

- Massive thanks to the volunteers from the Yorkshire Building Society for levelling the ground and erecting our new poly tunnel (in horrendous weather conditions.) See photos above
- Although we greatly value all our volunteers, many many thanks to our longest standing volunteer Sue Pickering for going above and beyond the call of duty to help recently. Your support is very much appreciated.
- Thank you to Edmund Bell for donating material for Bunting for our 'Right Royal Do'
- Thank you to Arnold Laver for donating wood to build raised beds at the allotment



YOU ARE ALL STARS!

# A Right Royal Do – We need You!!!!

---

St Oswalds and the West End Centre are working together to celebrate the Queens 90th Birthday by inviting you to a Street Party on Saturday 11th June from 11am-2pm. More details will follow in next months newsletter, but here are some ways you can get involved and help us celebrate on the day.

**You could:** Pledge a dish, donate items for the free raffle, donate red white or blue material or garments to make bunting, contribute towards our pop up art gallery, enter our dress through the last 9 decades fancy dress competition or decorate your hat!

**We also need volunteers to:** Help make bunting, set up and close up on the day, supervise activities, serve teas and coffees.

**If you can would like to be involved or can help pout in any way please call in or get in touch.**

West End Community  
Centre

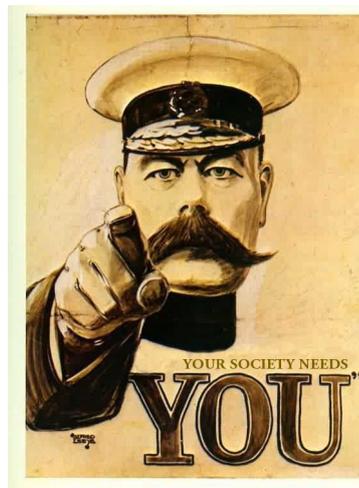
St Oswalds Church  
Christopher Street  
Little Horton  
Bradford

Phone: 07539204492

E-mail: fran.westend@outlook.com

Or

Phone:



**[www.thewestendcentre.org](http://www.thewestendcentre.org)**



The West End Centre

## Dates for your Diary

Thursday 21st April 10am

Trip to Roberts Park Saltaire,

Meet at the Centre at 10am.

Right Royal Do

Saturday 11th June 11am-2pm

## Coming up in the next Issue.....

Centre away day, international themed weeks, international lunch clubs and more...

## Birthdays

We would like to wish many happy returns to the following who all celebrate their birthdays this month:

Allen Vogel

Lorraine Auker

Angela Crossley

Mohammed Ashgar

Mehran Rafique

Farhat Sultana

Simon Stilgoe